Postgraduate Courses

Applied Mental Health Studies

› Graduate Certificate
› Graduate Diploma
› Masters
Shifting the Paradigm in Mental Health

Mental health professionals need to be equipped and inspired to be at the forefront of changes in the mental health sector. In response, the Health Education and Training Institute (HETI) is planning to launch higher education in 2017 with contemporary programs in mental health. These have been developed by the NSW Institute of Psychiatry as part of its transition to the mental health portfolio of HETI.

To enable this new direction, HETI has applied to the Tertiary Education and Quality Standards Agency (TEQSA) to register as a Higher Education Provider and to accredit the new mental health programs. These applications are currently under review by TEQSA.

The framework for Applied Mental Health Studies will offer a progressive approach to contemporary learning. Nested courses include Graduate Certificate, Graduate Diploma and Masters.

**Specialisation and applied focus**
The Applied Mental Health Studies course has an emphasis on application to practice. From the first year, students select their preferred specialisation within the lifespan. This continues throughout the course by ensuring the specialisation perspective is applied to core units. The program fosters interprofessional collaboration and draws on workplace experience to form an integral applied learning approach.

### YEAR 1 GRADUATE CERTIFICATE

<table>
<thead>
<tr>
<th>SEMESTER 1</th>
<th>Fundamentals of Recovery-Oriented Care</th>
<th>Professional Standards in Mental Health Care</th>
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<td>Recovery-Oriented Mental Health Care with Older People</td>
<td>Improving the Mental Health of Very Old People</td>
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<tr>
<td>SEMESTER 2</td>
<td>Population Health Approaches in Mental Health</td>
<td>Mental Health Emergency Care</td>
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<td>Recovery-Oriented Practice in Child and Adolescent Mental Health</td>
<td>Psychosocial Practice in Child and Adolescent Mental Health</td>
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<td>Promoting Recovery and Resilience in Perinatal and Infant Mental Health</td>
<td>Assessment and Formulation in Perinatal and Infant Mental Health</td>
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### YEAR 2 GRADUATE DIPLOMA

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<tr>
<th>SEMESTER 1</th>
<th>Innovation and Improvement in Mental Health Care</th>
<th>Therapeutic Perspectives Across the Lifespan</th>
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<tr>
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<td>Research Methods and Evaluation for Recovery-Oriented Mental Health Practice</td>
<td>Relationship Based Approaches to Intervention in Perinatal and Infant Mental Health</td>
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<tr>
<td>SEMESTER 2</td>
<td>Specialisations in Child and Adolescent, Adult and Older Person</td>
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<td></td>
<td>Family-Oriented Care in Mental Health*</td>
<td>Individual Therapies in Mental Health Care*</td>
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### YEAR 3 MASTERS

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<tr>
<th>SEMESTER 1</th>
<th>Leadership Practice in Mental Health</th>
<th>Research and Project Planning*</th>
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<tr>
<td>SEMESTER 2</td>
<td>Clinical Supervision Theory and Practice</td>
<td>Mental Health Capstone*</td>
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* Common to Applied Mental Health Studies and Psychiatric Medicine Frameworks

To find out more go to: [www.heti.nsw.gov.au/higher-education](http://www.heti.nsw.gov.au/higher-education)

**LAUNCHING IN 2017** (PENDING TEQSA ACCREDITATION)

**Applied Mental Health Studies Specialisations**
- Perinatal and Infant
- Child and Adolescent
- Adult
- Older Person

**Recovery-oriented philosophy**
Underpinning the framework is a philosophy of recovery-oriented practice. Through supporting the recovery journeys of people with mental illness we aim to maximise hope, resilience, self-management and advocacy.

**Learn in your time alongside professionals**
Delivered through online learning, these courses offer students the opportunity to study at their own pace. Interprofessional collaboration via online forums encourages open discussions and regular communication. Faculty staff work alongside students, supporting them to manage their study and achieve their goals.

**A life long learning experience**
As students progress through the program they will experience interaction and co-reflection enabling them to develop values, expertise and experience. This invaluable learning experience will ensure that postgraduate students will join a community of leading mental health specialists in contributing to a more dignified, compassionate and effective mental health care service.

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New South Wales Institute of Psychiatry is the specialist provider of psychiatric and mental health training for over 50 years. In 2017, the organisation will transition to HETI as the mental health portfolio.